

Valentino Vitali

# 5 stroke roll

## Exercise 1.1 (16th)

Exercise 1.1 (16th) is a rhythmic exercise in 4/4 time, consisting of four staves of music. Each staff begins with a treble clef and a key signature of one sharp (F#). The exercise is divided into four measures per staff. The first two measures of each staff feature eighth-note patterns with accents (>) and slurs. The first two measures of the first staff are: R R L L R (with an accent on the final R) and R R L L R (with an accent on the final R). The last two measures of the first staff are: R R (with an accent on the final R) and R R (with an accent on the final R), both labeled "5 str." and slurred. The second staff follows a similar pattern: L L R R L (with an accent on the final L) and L L R R L (with an accent on the final L) in the first two measures; L L (with an accent on the final L) and L L (with an accent on the final L) in the last two measures, both labeled "5 str." and slurred. The third staff: R R (with an accent on the final R) and R R (with an accent on the final R) in the first two measures; L L (with an accent on the final L) and L L (with an accent on the final L) in the last two measures, both labeled "5 str." and slurred. The fourth staff: R R (with an accent on the final R) and L L (with an accent on the final L) in the first two measures; R R (with an accent on the final R) and L L (with an accent on the final L) in the last two measures, both labeled "5 str." and slurred. The exercise concludes with a double bar line and repeat dots.

## Exercise 1.2 (triplet)

Exercise 1.2 (triplet) is a rhythmic exercise in 4/4 time, consisting of four staves of music. Each staff begins with a treble clef and a key signature of one sharp (F#). The exercise is divided into four measures per staff. Each measure contains a triplet of eighth notes, indicated by a bracket with a "3" above it and an accent (>) above the final note. The first two measures of each staff are: R R L L R (with an accent on the final R) and R R L L R (with an accent on the final R); L L R R L (with an accent on the final L) and L L R R L (with an accent on the final L); R R L L R (with an accent on the final R) and R R L L R (with an accent on the final R); R R L L R (with an accent on the final R) and L L R R L (with an accent on the final L). The last two measures of each staff are: L L R R L (with an accent on the final L) and L L R R L (with an accent on the final L); L L R R L (with an accent on the final L) and L L R R L (with an accent on the final L); L L R R L (with an accent on the final L) and L L R R L (with an accent on the final L); R R L L R (with an accent on the final R) and L L R R L (with an accent on the final L). The exercise concludes with a double bar line and repeat dots.

## Exercise 2.1 (16th)

Exercise 2.1 (16th) is a rhythmic exercise in 4/4 time, consisting of four staves of music. The notation uses a treble clef with a key signature of one sharp (F#). The exercise is divided into two parts: the first two staves are marked "(L)" and the last two are marked "(R)". Each staff contains a sequence of notes with rhythmic markings above them. The notes are primarily quarter notes, with some eighth notes and sixteenth notes. The rhythmic markings include accents (>) and "5 str." (5 stroke roll). The first two staves show a pattern of quarter notes with accents, followed by eighth notes and sixteenth notes. The last two staves show a pattern of quarter notes with accents, followed by eighth notes and sixteenth notes. The exercise concludes with a double bar line and repeat dots.

(L)

(R)

## Exercise 2.2 (triplet)

Exercise 2.2 (triplet) is a rhythmic exercise in 4/4 time, consisting of four staves of music. The notation uses a treble clef with a key signature of one sharp (F#). The exercise is divided into two parts: the first two staves are marked "(L)" and the last two are marked "(R)". Each staff contains a sequence of notes with rhythmic markings above them. The notes are primarily quarter notes, with some eighth notes and sixteenth notes. The rhythmic markings include accents (>) and "3" (triplet). The first two staves show a pattern of quarter notes with accents, followed by eighth notes and sixteenth notes. The last two staves show a pattern of quarter notes with accents, followed by eighth notes and sixteenth notes. The exercise concludes with a double bar line and repeat dots.

(L)

(R)

### Exercise 3

R R L L R L L R R L R R L L R L L R R L

R R L L R L L R R L R R L L R L L R R L R R L L

R L L R R L R R L L R L L R R L R R L L

R L L R R L R R L L R L L R R L R R L L R

L L R R L R R L L R L L R R L R R L L R

L L R R L R R L L R L L R R L R R L L R L L R R

L R R L L R L L R R L R R L L R L L R R

L R R L L R L L R R L R R L L R L L R R L