

Valentino Vitali

Double Paradiddle

Exercise 1: basic double paradiddle

R L R L R R L R L R L L

Exercise 2: the six stickings

R L R L R R L R L R L L

L R L R L R R L R L R L

L L R L R L R R L R L R

R L L R L R L R R L R L

L R L L R L R L R R L R

R L R L L R L R L R R L

Exercise 3: accent & cycle

R L R L R R L R L R L L R L R L R R L R L R L L R L R L R L L R L R L R

R L R L R L L R L R L R L L R L R L R R L R L R L L R L R L R R L R L R

L R R L R L R L L R L R L R R L R L R L L R L R L R L L R L R L R R L R

L R L L R L R L R R L R L R L R R L R L R L L R L R L R R L R L R L L R

L R L R L L R L R L R R L R L R L L R L R L R R L R L R L R R L R L R L

L R L R L R R L R L R L R R L R L R L L R L R L R R L R L R L L R L R L

R L L R L R L R R L R L R L L R L R L R R L R L R L R R L R L R L L R L

R L R R L R L R L L R L R L R L L R L R L R R L R L R L L R L R L R R L

Exercise 4: keep the sticking, move the accent

R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L R L L

R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L R L L

R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L R L L

R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L R L L

Exercise 5: mix with single paradiddle

R L R L R R L R L R L L R L R R L R L R L L L R L R L R R L R L L

Exercise 6: apply to sextuplets

R L R L R R L R L R L L R R L R L R R L L R R L L R R L L

L R L R L L L R L R L R R L L R R L L

Exercise 7: add single paradiddle

R L R L R R L R L R L L R L R R L R L R R L L R R L L

L R L R L L L R L R L R R L L R R L L

Exercise 8: double-time

> 3 3 > 6 > 6 > 3 3 > 6 > 6
 R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L R L L

> 3 3 > 6 > 3 3 > 6 > 3 3
 R L R L R R L R L R L L R L R L R L R L R R L R R L R L R R

> 6 > 3 3 > 6 > 3 3 > 6 > 6
 L R L R L L R L R L R R L R L R L R L R L R L L R L R L R R L R L R L L

> 3 3 > 6 > 6 > 3 3 > 6 > 3
 R L R L R R L R L R L L R L R L R R L R L R L L R L R L R R L R L

3 > 6 > 3 3 > 6 > 3 3 > 6
 R L L R L R L R R L R L R L L R L R L R R L R L R L L R L R L R L

Exercise 9: quintuplets

> 5 > 5 > 5 > 5 > 5
 R L R L R R L R L R L L R L R L R L R R L R R L R L R L R R L R L R R

> 5 > 5 > 5 > 5 > 5
 L R L R L L R L R L R R L R L R L R L R R L R L R L R L R L R L L